

Candidate Name: _____



MOTHER / BABY Skills Checklist

Experience Level

Updated 1/3/2010

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Level

GENERAL SKILLS				
Adult Cardiac Arrest / ACLS	1	2	3	4
Assist with Sterile Speculum Exam (Effacement / Dilation / Station / Presentation)	1	2	3	4
Care of the Patient in Isolation	1	2	3	4
Care of the Patient in Restraints	1	2	3	4
Coaching Needs (Physical / Emotional / Comfort)	1	2	3	4
End of Life Care	1	2	3	4
Infant / Neonatal Arrest / NRP	1	2	3	4
Interpretation of ABGs	1	2	3	4
Knowledge & Communication of Lab Values	1	2	3	4
Lift / Transfer Devices	1	2	3	4
National Patient Safety Goals	1	2	3	4
Patient / Family Teaching	1	2	3	4
Performs Sterile Speculum Exam Independently	1	2	3	4
Preparations & Administration of Emergency Drugs	1	2	3	4
Pulse Oximetry	1	2	3	4
Universal Precautions	1	2	3	4
Use of Doppler	1	2	3	4
Ventilator Management	1	2	3	4

PATIENT CARE WITH PRE-EXISTING PROBLEMS				
Cardiac Disease	1	2	3	4
Diabetes Mellitus	1	2	3	4
Drug Addiction / Withdrawal	1	2	3	4
HIV	1	2	3	4
Infectious Disease	1	2	3	4
Neurological Diseases	1	2	3	4
Prior Tubal Ligation	1	2	3	4
RH Incompatibilities	1	2	3	4
Seizure Disorder	1	2	3	4
Sickle Cell Disease	1	2	3	4

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NORMAL NEONATAL CARE				
Assessment of:				
Ballard Scale	1	2	3	4
Measurements:				
Circumference - Abdomen / Head	1	2	3	4
Length	1	2	3	4
Weight	1	2	3	4
Neonatal Jaundice	1	2	3	4
Reflexes	1	2	3	4
Vital Signs	1	2	3	4
Equipment and Procedures:				
Assist with Circumcision:				
Assess Site Post Op	1	2	3	4
Teach Circumcision Care to Parents	1	2	3	4
Bathe Infant	1	2	3	4
Blood / Glucose Monitoring	1	2	3	4
Collect Heelstick Blood Samples	1	2	3	4
Culture Suspect Infectious Neonate	1	2	3	4
Discharge Procedure	1	2	3	4
Incubator / Isolettes	1	2	3	4
Infant Identification / Security Routines	1	2	3	4
Monitor Bladder and Bowel Patterns:				
Obtain Urine Specimens via Specimen Bag	1	2	3	4
Test Stool for Blood	1	2	3	4
Phototherapy	1	2	3	4
Thermo / Neutral Environment to Prevent Cold Stress	1	2	3	4

PAIN MANAGEMENT / USE OF MEDICATION				
Administer Injections to Neonate	1	2	3	4
Anesthesia Toxicity	1	2	3	4
Assessment of Response & Management of Pain	1	2	3	4
Epidural Anesthesia / Analgesia	1	2	3	4
Epidural Block	1	2	3	4
Insulin Drips	1	2	3	4
Intrathecal Narcotics	1	2	3	4
IV Conscious Sedation	1	2	3	4
Magnesium Sulfate Therapy	1	2	3	4
Narcotics	1	2	3	4
Oxytocin	1	2	3	4
Pain Level / Tolerance	1	2	3	4

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PAIN MANAGEMENT / USE OF MEDICATION, con't.

Patient Controlled Analgesia (PCA Pump)	1	2	3	4
Ritodrine	1	2	3	4
Routine Neonatal Medications	1	2	3	4
Spinal Anesthesia	1	2	3	4
Use and Administration of Anesthesia	1	2	3	4

PHLEBOTOMY / IV THERAPY

Administration of Blood / Blood Products	1	2	3	4
Central Line / Catheter / Dressing	1	2	3	4
Drawing Blood from Central Line	1	2	3	4
Drawing Venous Blood	1	2	3	4
Fluid Balance	1	2	3	4
Starting IVs:				
Angiocath	1	2	3	4
Butterfly	1	2	3	4
Heparin Lock	1	2	3	4
Scalp Veins	1	2	3	4
Use of Infusion Pumps / Drips / IV Monitoring	1	2	3	4

POST PARTUM INTERVENTION

Assessment of:				
Bladder Distention	1	2	3	4
Breast Engorgement	1	2	3	4
Cesarean Incision Care	1	2	3	4
Deep Vein Thrombosis (DVT)	1	2	3	4
Edema	1	2	3	4
Episiotomy	1	2	3	4
Fundal Height	1	2	3	4
GI Function Post Anesthesia	1	2	3	4
Lochia Amount / Type	1	2	3	4
Maternal History	1	2	3	4
Maternal Vital Signs	1	2	3	4
Documentation of Parental / Infant Interaction / Attachment	1	2	3	4
Assessment / Care - Perineum:				
Hematoma	1	2	3	4
Hemorrhoids	1	2	3	4
Sitz Bath	1	2	3	4

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POST PARTUM INTERVENTION, con't.				
Interpretation of Urinary Lab Results:				
Glucose	1	2	3	4
Ketones	1	2	3	4
Protein	1	2	3	4
Specific Gravity	1	2	3	4
Equipment and Procedures:				
Contraceptive Counseling	1	2	3	4
Discharge Procedures Instruction	1	2	3	4
Formula Preparation and Feeding	1	2	3	4
Foster Parent / Infant Interaction / Attachment	1	2	3	4
Instruct and Assist with:				
Breastfeeding / Parent Education	1	2	3	4
Latch - On Procedures	1	2	3	4
Positioning	1	2	3	4
Use of Electric Breast Pump	1	2	3	4
Use of Manual Breast Pump	1	2	3	4
Post Anesthesia Care:				
Epidural	1	2	3	4
General	1	2	3	4
Local	1	2	3	4
Spinal	1	2	3	4
Post Cesarean Care	1	2	3	4

EXPERIENCE	
LDRP	Y N
Labor and Delivery	Y N
Mother / Baby	Y N
Nursery	Y N
PICU	Y N
Post Partum	Y N
Community Hospital	Y N
Rural Hospital	Y N
Teaching Hospital	Y N

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LEGEND KEY FOR AGE SPECIFIC CRITERIA

[A] = Newborn (Birth to 30 days)

[B] = Infant (30 days to 1 year)

[C] = Toddler (1 to 3 years)

[D] = Young Children (3 to 6 years)

[E] = Older Children (7 to 12 years)

[F] = Adolescents (13 to 20 years)

[G] = Young Adults (21 to 39 years)

[H] = Middle Adults (40 to 60 years)

[I] = Older Adults (61+ years)

AGE SPECIFIC CRITERIA

Able to adapt care to incorporate normal growth and development

A B C D E F G H I

Able to adapt method and terminology of patient instructions to their age

comprehension and maturity level

A B C D E F G H I

Can ensure a safe environment reflecting specific needs of various age groups

A B C D E F G H I

CERTIFICATIONS / COURSES / SKILLS

AWHONN

Y N

BLS

Y N

ACLS

Y N

NCC

Y N

NRP

Y N

PALS

Y N

RNC

Y N

Arrhythmia Course

Y N

Computerized Charting

Y N

IV Certification

Y N

Fetal Monitoring - Basic

Y N

Fetal Monitoring - Intermediate

Y N

Fetal Monitoring - Advanced

Y N

Medication Administration System

Y N

S.T.A.B.L.E. Course

Y N

Initials _____

Print Name _____

Date _____

Signature _____