

Candidate Name: _____



MENTAL HEALTH Skills Checklist

Experience Level	Updated 1/3/2010
1 = No Experience - Theory / Observed Only	3 = Experienced - Does Frequently / Competent
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	Level
CLINICAL ASSESSMENT TOOLS	
Intelligence Assessment:	
Wechsler Intelligence Scale (WAIS)	1 2 3 4
Wechsler Intelligence Scale for Children	1 2 3 4
Personality Assessment:	
Child's Apperception Test (CAT)	1 2 3 4
Gestalt Test	1 2 3 4
Mental Status Assessment	1 2 3 4
Informal Cognitive Status Assessment	1 2 3 4
Minnesota Multiphasic Personality Inventory (MMPI)	1 2 3 4
Rorschach Test	1 2 3 4
Stanford - Binet Test	1 2 3 4
Thematic Apperception Test (TAT)	1 2 3 4

COMMUNICATION TECHNIQUES	
Active Listening	1 2 3 4
Clarification	1 2 3 4
Confronting	1 2 3 4
Limit Setting	1 2 3 4
Focusing	1 2 3 4
Positive Reinforcement	1 2 3 4
Questioning	1 2 3 4
Reality Orientation	1 2 3 4
Restatement / Reflection	1 2 3 4
Summarizing	1 2 3 4

PSYCHIATRIC DISORDERS	
Anxiety Disorders:	
General Anxiety Disorder (GAD)	1 2 3 4
Obsessive / Compulsive	1 2 3 4
Panic	1 2 3 4
Phobias	1 2 3 4
Post Traumatic Stress Disorder	1 2 3 4
Congenital Disorders:	
Autism	1 2 3 4
Cerebral Palsy	1 2 3 4
Cystic Fibrosis	1 2 3 4
Down's Syndrome	1 2 3 4

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PSYCHIATRIC DISORDERS, con't.

Mental Retardation	1	2	3	4
Spina Bifida	1	2	3	4
Degenerative Disorders:				
Alzheimer's Disease	1	2	3	4
Huntington's Chorea	1	2	3	4
Parkinson's Disease	1	2	3	4
Eating Disorders:				
Anorexia Nervosa	1	2	3	4
Bulimia Nervosa	1	2	3	4
Pica	1	2	3	4
Mood Disorders:				
Bipolar Disorder (Manic / Depressive Illness)	1	2	3	4
Type I	1	2	3	4
Type II	1	2	3	4
Dysthymia	1	2	3	4
Major Depression	1	2	3	4
Personality Disorders:				
Antisocial	1	2	3	4
Borderline	1	2	3	4
Paranoia	1	2	3	4
Passive / Aggressive	1	2	3	4
Psychotic Disorders:				
Schizoaffective Disorder	1	2	3	4
Schizophrenia	1	2	3	4
Schizophreniform Disorder	1	2	3	4

CHILD / ADOLESCENT DYSFUNCTION

Attention Deficit Hyperactivity Disorder (ADHD)	1	2	3	4
Attention Deficit Disorder (ADD)	1	2	3	4
Conduct Disorder	1	2	3	4
Delinquent Behavior	1	2	3	4
Elimination Disorders:				
Encopresis	1	2	3	4
Enuresis	1	2	3	4
Neglect / Lack of Parental Involvement	1	2	3	4
Pervasive Developmental Disorders:				
Asperger's Syndrome	1	2	3	4
Autism	1	2	3	4
Rett's Syndrome	1	2	3	4

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CHILD / ADOLESCENT DYSFUNCTION, con't.

Physical / Sexual Abuse	1	2	3	4
Runaway Behavior	1	2	3	4
Self Destructiveness	1	2	3	4
Separation Anxiety Disorders	1	2	3	4
Substance Abuse	1	2	3	4
Suicidal Behavior	1	2	3	4
Care of Patient With:				
Delusions / Hallucinations	1	2	3	4

CRISIS MANAGEMENT

Abuse	1	2	3	4
Homicide	1	2	3	4
Rape	1	2	3	4
Suicide	1	2	3	4
Suicide Precautions	1	2	3	4
Violent Family	1	2	3	4
Violent Individual	1	2	3	4

SEXUALITY DYSFUNCTION

Gender Identity Disorders:

Paraphilia	1	2	3	4
Psychosexual Dysfunctions	1	2	3	4

SUBSTANCE ABUSE

Alcoholism:

Alcohol Withdrawal Syndrome	1	2	3	4
Delirium Tremens (DTs)	1	2	3	4
Wernicke / Korsakoff Syndrome	1	2	3	4

Drug Abuse:

Amphetamines	1	2	3	4
Benzodiazepams	1	2	3	4
Cocaine	1	2	3	4
Drug Withdrawal / Detoxification	1	2	3	4
Hallucinogenics	1	2	3	4
Heroin	1	2	3	4
Opiates	1	2	3	4
Prescription	1	2	3	4
Stimulants	1	2	3	4

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THERAPEUTIC APPROACHES				
Behavior Modification	1	2	3	4
Behavior Therapy	1	2	3	4
Crisis Counseling	1	2	3	4
Electroconvulsive Therapy (ECT)	1	2	3	4
Group Therapy	1	2	3	4
Milieu Therapy	1	2	3	4
Psychotherapy	1	2	3	4
Relationship / Family Therapy	1	2	3	4
Suicide Precautions	1	2	3	4

LEGAL / ETHICAL

Informed Consent	1	2	3	4
Involuntary Commitment	1	2	3	4
Legal Right's of the Mentally Ill	1	2	3	4
Right to Refuse Treatment	1	2	3	4
Terrasoff "Duty to Warn"	1	2	3	4
Use of Restraints	1	2	3	4
Use of Seclusion	1	2	3	4
Voluntary Commitment	1	2	3	4

USE AND ADMINISTRATION OF MEDICATION

Analgesics / Narcotics (MS, Dilaudid, Demerol, Fentanyl, Methadone)	1	2	3	4
Antidepressants (TCA, MAOI's, SSRI's)	1	2	3	4
Antipsychotics (Benzodiazepines)	1	2	3	4
Anti - Parkinson (Levodopa, Sinemet)	1	2	3	4
Antipsychotic (Thorazine, Haldol, Zyprexa, Seroquel)	1	2	3	4
Mood Stabilizer (Lithium, Depakote, Tegretol)	1	2	3	4

SKILLED NURSING CARE

Administration of Blood / Blood Products	1	2	3	4
Airway Management	1	2	3	4
Assessment and Management of Pain	1	2	3	4
Blood Glucose Monitoring	1	2	3	4
Cardiac Arrest / CPR	1	2	3	4
Care of the Patient in Isolation	1	2	3	4
Care of the Patient in Restraints	1	2	3	4
End of Life Care	1	2	3	4
Foley Catheter Insertion / Maintenance	1	2	3	4

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General Nursing Systems Assessment	1	2	3	4
Lift / Transfer Devices	1	2	3	4
Management of CVCs (Central Venous Catheters)	1	2	3	4
Management Ports / Groshong / Hickman / Broviac Catheters	1	2	3	4
National Patient Safety Goals	1	2	3	4
NG Tube Insertion / Maintenance	1	2	3	4
Oral / Nasotracheal Suctioning	1	2	3	4
Oxygen Therapy	1	2	3	4
Patient / Family Teaching	1	2	3	4
Pulse Oximetry	1	2	3	4
Seizure Precautions	1	2	3	4
Use of Restraints	1	2	3	4
Universal Precautions	1	2	3	4
Use of Rapid Response Teams	1	2	3	4
Wound Care / Dressing Changes	1	2	3	4

PHLEBOTOMY / IV THERAPY

Administration of Blood / Blood Products	1	2	3	4
Drawing Blood from Central Line	1	2	3	4
Drawing Venous Blood	1	2	3	4
Management of Patient with Hypertension	1	2	3	4
Management of Patient with IV	1	2	3	4
Saline Lock / Peripheral IV Insertion	1	2	3	4

EXPERIENCE

Adolescent Unit	Y	N
Adult Unit	Y	N
Chemical Dependency	Y	N
Children's Unit	Y	N
Community Hospital	Y	N
Eating Disorder Unit	Y	N
In Patient Acute Psychiatric Facility	Y	N
In Patient Hospital Psych Unit	Y	N
Locked Unit	Y	N
Out Patient Clinic	Y	N
Rehabilitation Unit	Y	N
Rural Hospital	Y	N
Substance Abuse Unit	Y	N
Teaching Hospital	Y	N

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LEGEND KEY FOR AGE SPECIFIC CRITERIA

[A] = Newborn (Birth to 30 days)
[B] = Infant (30 days to 1 year)
[C] = Toddler (1 to 3 years)
[D] = Young Children (3 to 6 years)
[E] = Older Children (7 to 12 years)
[F] = Adolescents (13 to 20 years)
[G] = Young Adults (21 to 39 years)
[H] = Middle Adults (40 to 60 years)
[I] = Older Adults (61+ years)

AGE SPECIFIC CRITERIA

Able to adapt care to incorporate normal growth and development	A B C D E F G H I
Able to adapt method and terminology of patient instructions to their age comprehension and maturity level	A B C D E F G H I
Can ensure a safe environment reflecting specific needs of various age groups	A B C D E F G H I

CERTIFICATIONS / COURSES / SKILLS

BLS	Y N
ACLS	Y N
MAB	Y N
Arrhythmia Course	Y N
Computerized Charting	Y N
Medication Administration System	Y N

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Print Name _____

Date _____

Signature _____